

CONSORTIUM OF HEALTH INFORMATION PROFESSIONALS (CHIP)

CHIP Meeting Minutes 2021_11_12

Present:

El Camino Hospital, Los Gatos, Mike Liddicoat (CHIP Office Manager)

Salinas Valley Memorial Healthcare System, Salinas, Cynthia Johnson

Samuel Merritt University, Hai Thom Sota

Samuel Merritt University, Fresno, Joy Rodriguez

Samuel Merritt University, Oakland, Sarah Naumann (CHIP President)

Samuel Merritt University, Sacramento (Jen Scolari)

Sofia University, Palo Alto, Lisa Sammon

Stanford Health Library, Stanford Health Care, James Liu (CHIP Secretary)

Sutter Health, Sacramento, Melissa Taylor

Sutter Health/Samuel Merritt University/College of San Mateo, Geri Bodeker

Sutter Health, Ja'nice Hoobler

Guest Speaker: Professor Anna Lembke, Stanford University School of Medicine

Welcome

Sarah Naumann welcomed everybody to the Zoom meeting.

Approve Minutes from the Last Meeting

Sarah made a motion to approve the minutes. Geri seconded. Minutes were approved.

SurveyMonkey

James reminded members go to fill out the survey on SurveyMonkey. James will use the survey responses to create a membership directory. Cynthia and Mike asked that James resend the link to them.

Invited Speaker: Anna Lembke

Anna is the author of "Dopamine Nation: Finding Balance in the Age of Indulgence" (2021). She is currently Professor and Medical Director of Addiction Medicine, Stanford University School of Medicine. Professor Lembke was one of the first in the medical community to sound the alarm regarding opioid overprescribing and the opioid epidemic. In 2016, she published her best-selling book on the prescription drug epidemic, "Drug Dealer, MD – How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop". Her book was highlighted in the New York Times as one of the top five books to read to understand the opioid epidemic.

In her new book Dopamine Nation, Anna discussed why the easy access to high-reward, high-dopamine stimuli (e.g. drugs, food, gambling, shopping, gaming, social media channels, etc.) often leads to

addiction and pain. Through the stories of her patients, she showed that there is hope for managing our consumption and finding balance to keep dopamine in check.

Thank you for speaking to us about your new book, Anna!

Roundrobin

Sarah Nauman at Samuel Merritt Oakland is working 2 days from home. She is hoping to bring in more speakers to our meetings in 2022. A discussion followed about speaking engagements and whether we can pay for the speakers.

Cynthia Johnson is now working for Salinas Memorial Hospital as a contractor and she is building a library collection there. For speaking engagements, Cynthia suggested having vendors sponsor the speaking engagements. She liked Sarah's idea of inviting Michelle Kraft as the next speaker and any other future speakers who can give tips and tricks to doing more with less especially during a pandemic.

Geri Bodeker at Sutter Health/Samuel Merritt University/College of San Mateo liked Cynthia's thoughts above regarding speaking engagements.

Lisa Sammon at Sofia University reported that access to campus remains fluid. The University also has international students on campus.

James Liu at Stanford Health Care is still hoping to go to MeriWest Bank with Mike Liddicoat in the near future to do the paperwork to regain access to our CHIP bank account. He is in contact with one of the staff at MeriWest.

Next CHIP Meeting

The next meeting is preliminary scheduled for Friday, January 22, 2022 (Update: January 14, 2022). Sarah plans to invite Michelle Kraft of the famed website Kraft Librarian (<https://kraftylibrarian.com/about/>) to come speak.

Submitted by James Liu, Stanford, CA